Leading by Example – The Sweet Sixteen Behaviors

Coaching for Improved Performance

| | Never | Seldom | Often | Always |
|---|-------|--------|-------|--------|
| 1. Listens to understand, is not judgmental | | | | |
| 2. Follows through and meets commitments | | | | |
| 3. Takes an interest in employees as people | | | | |
| 4. Works productively and meets deadlines | | | | |
| 5. Is flexible and open-minded | | | | |
| 6. Treats other with respect | | | | |
| 7. Stays calm under pressure | | | | |
| 8. Addresses issues timely and constructively | | | | |
| 9. Shares information and stays in touch | | | | |
| 10. Collaborates with others | | | | |
| 11. Is solutions oriented and doesn't blame | | | | |
| 12. Recognizes good performance in others | | | | |
| 13. Displays honest and integrity | | | | |
| 14. Shows interest and enthusiasm for the work of individuals and the group | | | | |
| 15. Shows up on time for meetings and other important events | | | | |
| 16. Takes a positive focus in interactions | | | | |
| TOTAL | | | | |

Source: Coaching and Mentoring for Dummies by Marty Brounstein, Wiley Publishing, 2000